



## Instructions before IV Anesthesia

- You may not have anything to eat or drink (including water) after midnight (or 6 hours minimum) before the appointment. We want your stomach as empty as possible!
- You will need someone to drive you home from your appointment.
- If you take routine oral medications, generally you can take your daily medications with sips of water (not more than a dixie cup or 4 ounces). Please check with our office prior to your surgical date for instructions if you are unsure.
- Please wear loose fitting clothing with short sleeves and low-heeled close toed shoes. No sandals or flip flops!
- Do not wear contact lenses, jewelry, and makeup including lipstick and nail polish. No denture adhesive on the day of surgery.
- Please leave your phone with a family member or on silent.
- If you have an illness such as a productive cough, upper respiratory infection, sore throat, upset stomach, please notify the office.
- If you use recreational drugs of any type (marijuana, methamphetamines, etc...) please do not use these substances for 72 hours prior to your appointment as these may interact unfavorably with medications used for your IV sedation.
- If you must cancel, please call at least 24 hours in advance.