**Pre-operative Instructions**

* You will need someone to drive you home from your appointment.
* For six (6) hours before surgery, do not eat or drink (including water) anything. If your appointment is in the morning, we suggest nothing after midnight. We want your stomach as empty as possible.
* You can take scheduled medications if tolerated on an empty stomach with sips of water (not more than a dixie cup or 4 ounces) unless told otherwise. Please check with us prior to your surgical date for instructions if you are unsure.
* Please wear loose fitting clothing with short sleeves and low-heeled close toed shoes. No sandals or flip flops!
* Do not wear contact lenses or denture adhesive on the day of surgery.
* Please leave your phone with a family member or on silent. No audio or video recording is allowed within the office due to privacy concerns.
* If you have any changes in health between your pre-op appointment and surgery date such as a productive cough, upper respiratory infection, sore throat, upset stomach, please notify the office at least 24 hours prior.
* If you have any changes in your desire to have surgery, no longer want surgery, or have questions about the surgical treatment plan, please notify the office at least 24 hours prior.
* If you have any changes in your availability during the post-operative period, generally 7-14 days after the surgery, please notify the office at least 24 hours prior. We don’t want to perform a surgery a day before a trip.
* If you use recreational drugs of any type (marijuana, meth, dabs, vape pens, e-cigarettes, etc...), do not use these substances for 72 hours prior to your surgery as these interact unfavorably with your IV sedation causing your surgery to be cancelled.
* If you must cancel, please call at least 24 hours in advance. Cancellation within 24 hours may result in a non-refundable charge.